

## COVID-19 Symptoms

If you or someone in your household develops:

- **Fever (generally over 101)**
- **Exhaustion / extreme fatigue**
- **Headache**
- **Respiratory difficulty**
- **Cough**
- **Shortness of Breath**



These may be early symptoms of COVID-19.

According to the CDC, these symptoms may appear 2-14 days after exposure.

Most hospitals and urgent care centers are NOT providing “testing on demand,” meaning if you feel sick and arrive at their door, you are NOT likely to get a test. Criteria have to be met in order for you to qualify for testing. This will come through your own personal HEALTH CARE PROVIDER.

If you are confident that you have been in close contact with someone KNOWN to have a positive test, AND you have symptoms that match those for COVID-19, call and report this to your provider.

If you have any ACUTE issues, are struggling to breathe, or your condition deteriorates, notify your health care provider that you are in need of emergency care. They will most likely direct you to 911.

Mass. Dept. of Public Health has set up **211** as the “central information line” for all matters concerning the Virus. Use that resource. **Dial 2-1-1**

**Remember:** There will be MANY people who eventually test positive. Not all infections will result in: hospitalization or any kind of critical illness. 80% of those affected are anticipated to fully recover without medical intervention. The remaining 20% of those who may experience a more serious episode, often have underlying conditions which make them more vulnerable and unable to fight off the infection on their own.

***Pay close attention to your surroundings, restrict your social exposure, be aware of your own health, and document the onset of symptoms if they occur.***